# **Discipleship Groups**

### What is a Discipleship Group?

A Discipleship Group is a gender-specific group of 3-5 people who meet weekly to have spiritual conversations together and to do one another spiritual good.

#### What do Discipleship Groups do?

There are four basic elements of a Discipleship Group: (1) pray together, (2) read, apply, and memorize Scripture together, (3) provide spiritual accountability to one another, and (4) be on mission together.

#### What is content of the Disciple Group?

Our suggestion is to use the Bible reading plan, Bible memory verse, and application questions provided in the Daily Discipleship Guide from the Explore the Bible curriculum.

#### How long does a Discipleship Group continue to meet?

We recommend meeting for at least 12-18 months. The aim is spiritual growth *and* multiplication. In other words, each group should develop a plan to divide in order to invite others to participate and form new groups.

## Are Discipleship Groups open or closed?

Given the nature of the spiritual friendship and accountability involved, Discipleship Groups are closed groups.

#### How do I start or join a Discipleship Group?

Find a few people of the same gender and commit to meet weekly together. The best way to start a discipleship group is by building relationships within your Adult Small Group or in the ministry area where you serve.